

SAN LUIS OBISPO COUNTY COMMISSION ON AGING AGENDA

Meeting Date: Friday, October 19, 2012 **Time:** 10:00 am - Noon
Place: Veteran's Memorial Hall
801 Grand Avenue
San Luis Obispo, CA 93401

Please RSVP to Chair (235-5779) if you are unable to attend this meeting.

10:00 am Call for a Quorum

Call to Order

- Flag Salute
- Roll List
- Approval of September Minutes [Marilyn Hamilton, Minute Taker]
- Approval of Agenda
- Guest and Public Comment [2 minute limit]
Guest Jason Reed, Deputy Director Women's Shelter Program
- Introductions

Presentation: Speaker: Buff Lawson, HICAP Registered Counselor, " Medicare 2013 Plans and Changes."

Unfinished Business:

- Officer elections: November.
- Reports about Senior Centers and other topics

Special Reports:

- Dorothy Schlitz: California Senior Legislative Proposals
- Chair: Mental Health First Aid; Minute Takers needed Nov & Jan

Other Reports

Announcements and Updates:

Adjournment:

Next Meeting, November 16, 2012
Speaker: Lee Collins, Director of the SLO County Dept of Social Services

SLO COUNTY COMMISSION ON AGING

Veterans Memorial Hall
801 Grand Avenue
San Luis Obispo

Minutes for October 19, 2012

Members Present: Judy Mishoulam, Anita Shower, Marilyn Hamilton, Maryanne Zarycka, Kathleen Bellefontaine, Diane Maiorano, Jo Dennison, Myra Lathrop, Julie Macedo, Rosa Fernandez, Kelley Sexton

Absent: Alice York, Margaret Ensminger, Marie Pounders, Carol Schmidt, Elias Nimeh, Mike Suddarth, Dorothy Schlitz, Deborah Bayles

Guests: Jason Reed (Women's Shelter), Marvin Dee, Judy Salamacha, Arley Robinson, Bernice W., Terri Moffa, Alex Steen (arrived 10:55am)

Call to Order: Quorum established. Meeting called to order by Chair Bellefontaine at 10:02 a.m. Flag Salute. Circulation of roll lists.

Minutes: Minutes from Sept, 2012 meeting: accepted.

Agenda: Report from District Atty ofc, added. Agenda with addition, accepted unanimously.

Introductions: All present introduced themselves. Diane Maiorano announced RSVP Winchester trip; Julie Macedo announced Mental Health Suicide Workshop

Guest Speaker: Jason Reed, Deputy Director for the Women's Shelter Program, explained the services provided to Seniors who can also experience domestic abuse from spouse or children. Encouraged Commissioners to remember the Shelter as a resource if they become aware of this problem. Distributed flyers.

PRESENTATION:

Buff Lawson, HICAP Registered Counselor spoke on Medicare 2013 Plans and Changes. She explained that HICAP (known in most States as SHIP) provides information on Medicare coverage, does not sell anything, has no affiliations to private Insurance companies, and uses highly trained volunteers to provide a free service. Buff told us that the Medicare B premium will increase slightly for 2013 to approximately \$101. She explained that Part D Prescription Drug Coverage is insurance from a private company, but can be paid through a deduction from Social Security payment. There are two Medicare Advantage Plans in San Luis Obispo County if you live south of the Cuesta Grade. They are AARP Medicare Complete with a premium of \$30 per month and Physicians Choice with a premium of \$35 per month. Medigap insurance is a supplement to Medicare provided through private insurers.

Enrollment or change of enrollment in Medicare Advantage plans or Prescription Drug plans is currently taking place until December 7th for January, 2013 start. To make choices in Drug Plans one may use the website, www.Medicare.gov or contact HICAP for assistance. Buff distributed a form to members to show the tool that can be sent in to HICAP and will be used to ascertain the best prescription policy for each individual's needs. This service is offered through a Grant from the Older American's Act that is managed by the Area Agency on Aging. AAA's and SHIP programs are available throughout the Nation. A national eldercare locator is available at 1-800-677-1116. The national website is N4A.org.

UNFINISHED BUSINESS:

Election of Officers:

The Chair asked Diane Maiorano, Nominating Committee, if any applications for the Officer positions have been received. None have been submitted. The Chair explained that she would be willing to continue as Chair but cannot do the job alone. Vice Chair and even a regular secretary is needed. Jo Dennison suggested that the position of Chair should be the rotating responsibility of a Representative appointed by the Board of Supervisors. Two Supervisor appointees responded that they would have a problem with that requirement and would have to submit their resignation. Diane suggested that Supervisor Representatives should be responsible for Vice Chair responsibilities.

Marilyn Hamilton indicated that there are 15-20 commissions and committees to which the Supervisors make appointments. She and Anita suggested that an informal survey should be done of these other groups to ascertain their process in choosing officers. This would help COA determine a "Best Practices" outline that might be useful in the future. The Executive Planning Committee will meet Nov 2nd to take in this information and discuss. The Chair invited members to offer their suggestions by email for that meeting and if they would like to attend, please call, as attendance at that Nov 2 meeting cannot exceed 8 members per the Brown Act. Discussion of officer elections will continue at the November COA meeting, November 16th.

SPECIAL REPORTS

CSL Report: Dorothy Schlitz, not present.

Gas Pump Scam: Kelley Sexton, Victim Witness Program, District Attorney Office. Kelley described a new technology that can be attached to gas pumps or ATM machines that will catch a pin number and be used to skim money during the process. CIA agents are investigating this problem in our County.

Chair report: Kathleen reported information learned at the ASPC meeting about classes on Mental Health First Aid. She gave out information about dates of future classes. Julie Macedo distributed a flyer with notice about the Dec 1st and 2nd class through the Transitions-Mental Health Assoc.

MINUTE TAKER needed: Maryanne Zarycka offered to cover November and January.!!

The meeting was adjourned at 12:02pm.

Marilyn Hamilton, minute taker. Reviewed by Chair.